November 2022





What's been happening...

Week 5 and 6

Hi everyone to Week 5 and 6 of OSHClub! How fast time has flown as we are already halfway through term 4!

Week 5 was the week of *Ready to Recycle* where children got to do activities around recycling! Children made various things with the abundance of cardboard boxes we had at OSHC. This included making costumes for a fun dance video! Children even had fun making and decorating their own books using recycled paper.

For Week 6 we had the theme of *Balls, Bubbles and Balloons* where children enjoyed a range of fun activities around balloons and balls! One of these activities included children making balloon heads by drawing different faces on the balloons with markers and even stuck eye stickers or googly eyes! Children also enjoyed balloon games such as balloon tennis which we played in the hall!

Children also enjoyed other activities such as helping to decorate a box with cellophane and making a sign for our **OZ Harvest** project! Other activities and games children had fun with was playing hangman inside the hall and group games such as pacman and running relays out at the netball courts!

We've had an enjoyable time these two weeks and we look forward to more Interesting and fun times for the rest of the term.





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Coming Up



Universal Children's Day

Promote International togetherness, awareness among children worldwide and Improving children's welfare



White Ribbon Day

An annual day to raise awareness of family violence



Human Rights Day

Commemorates the day the Universal Declaration of Human Rights was adopted

Special Announcements

OZ Harvest

We Invite families to donate any non-perishable foods such as canned food and place them in our dedicated OZ Harvest box next to the sign-In table! These will be collected and donated to families and people in need!

Quality Area Reflection

2.10 First Aid

At OSHClub It Is Important that we are making sure children are safe within in our care! This Includes having first aid trained educators in our service to provide first aid to children who may get hurt. or fall ill within our care. Whenever a child gets Injured or becomes ill, we ensure to document any Incidents and Inform families as soon as possible. We always make sure we have first aid kits available in our different play areas Including our outdoor. We also ensure that we regularly check all children's medications are up to date and that our first aid kits are also regularly checked and replenished.

Club News

Cooking Club

During a warm and sunny day children got to make some delicious fruit smoothies! In the hall children surrounded the table and waited patiently for Ericka's Instructions on what to do. Children got to help cut up fruit with plastic knives or helped to break up some frozen berries and mangoes to prepare for blending. They then took turns to add the fruits into the blender and excitedly watched as Ericka blended the fruits in the blender. Some of the older children also got to use the blender under Ericka's supervision! Children enjoyed watching the fruits turn into a delicious looking smoothie once they were made, they got to try them out. They were absolutely yummy and perfect for the warm weather!



Sports Club

Outside on the oval on a bright sunny day children had fun playing soccer for sports club! Children got to practice their skills in kicking, dribbling, and passing the ball. Whilst playing soccer children not only built their locomotive skills but also developed their social and communication skills. These Include learning how to work as a team and understanding how to communicate respectfully with each other. Children were tired by the end of playing soccer but had enjoyed their time out on the oval!





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Coordinators Corner

Hi families and parents,

In celebration of World Kindness Day, you may have e noticed a Kindness wall we have put up near the entrance to the hall. Showing kindness to others Is one of the values we encourage and promote within OSHClub whether it be helping others, sharing things, or even simply saying a nice compliment to somebody! One other act of kindness that we can all do is donating food to those in need! Our new project OZ Harvest Is all about collecting and donating non-perishable foods to families in need and we encourage families to donate whatever they can! We at OSHClub hope all families enjoy their weekend and have a wonderful week!







Photo Gallery



Recipe

Easy Banana Muffins

- 4 ripe bananas
- 1 cup of sugar
- 2 tbs of butter
- 1 beaten egg
- 2 cups of self-raising flour
- 2tbs of milk
- 1 pinch of salt
- 1. Preheat oven to 180C. Grease a muffin tray
- 2. Beat eggs and bananas together, then add all other Ingredients and mix well
- 3. Fill muffin tins 3/4 full with the mixture
- 4. Bake for approximately 20 minutes until risen and golden

Now enjoy your banana muffins. You can add chocolate chips to make them extra special!





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The Brekkie Bunch

The Brekkie Bunch has themed breakfasts and cooking experiences guaranteed to start your kid's day right!

Kids will have fun with their friends' following recipes and developing cooking skills, while learning about nutritious breakfast options. And the best bit, they get to enjoy the fruits of their labour before they start their school day!

Come join the fun!

Muffin Monday Morning
Pancake Tuesday
Morning
Toastie Thursday

The Brekkie Bunch Passport

On joining The Brekkie Bunch, kids will receive a safety briefing and The Brekkie Bunch Passport. They will have a chance to work with electrical tools and appliances that get hot (such as the oven, stove top, or skillet), so it's important they understand what's required to stay safe!

In your child's passport, they will also be able to collect a sticker for each Brekkie Bunch Day that they attend! How many stickers can they collect?

Photo gallery



